

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception and Nursery	SPLAY Agility, balance and coordination	SPLAY Hand-eye coordination (ball skills)	SPLAY Moving on	SPLAY Gymnastics	SPLAY Athletics	SPLAY Moving on
Year 1	Invasion Games Hockey	Gymnastics Fundamentals of Movement Agility, Balance and Coordination	Agility, Balance and Coordination	Net and Wall Basketball Passing and dribbling	Striking and fielding Rounders Learn the rules through games	Athletics
Year 2	Invasion Games Hockey	Gymnastics Fundamentals of Movement Agility, Balance and Coordination	Orienteering Map work, teamwork, communication	Net and Wall Basketball Passing and dribbling	Striking and fielding Rounders Learn the rules through games	Athletics
Year 3	Invasion Games Handball	Gymnastics Shapes, balancing, travelling and jumping	Orienteering Map work, teamwork, communication	Net and Wall Netball	Striking and fielding Rounders Skills – throwing, bowling, batting	Athletics
Year 4	Invasion Games Handball	Gymnastics Shapes, balancing, travelling and jumping	Orienteering Map work, teamwork, communication	Net and Wall Netball	Striking and fielding Rounders Skills – throwing, bowling, batting	Athletics
Year 5	Invasion Games Tag Rugby	Gymnastics Travelling, jumping, sequences	Orienteering Map work, teamwork, communication	Net and Wall Tennis	Striking and fielding Cricket Skills – throwing, catching, bowling, batting	Athletics
Year 6	Invasion Games Tag Rugby	Gymnastics Travelling, jumping, sequences.	Orienteering Map work, teamwork, communication	Net and Wall Tennis	Striking and fielding Cricket Skills – throwing, catching, bowling, batting	Athletics