Autumn/Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	**All Day Breakfast:** Pork Sausage, Scrambled Egg, Herby Potatoes with Broccoli, Sweetcorn & Baked Beans	Beef Bolognese with Wholegrain Penne, Garden Peas & Carrots	Savory Mince and Dumplings, Roast Potatoes with seasonal vegetables	**Wholemeal Pizza**: Margherita Pizza with Home-baked Potato Wedges, Broccoli & Sweetcorn	Fish Fingers, Chips with Peas & Baked Beans
Main Meal Option 2	**All Day Breakfast** Quorn Sausage, Scrambled Egg, Herby Potatoes with broccoli, sweetcorn or Beans	Vegetable Meatball Masala on Yellow Mixed Rice with Garden Peas & Carrots VG	Quorn Grill, Stuffing, Roast Potatoes, Seasonal Greens, Broccoli, Carrots, Cauliflower and Gravy	Wholegrain Mexican Bean Wrap with Home Baked Potato Wedges, Baked Beans & Garden Peas	Crispy Vegetable Fingers with Chips, Peas or Beans
Main Meal Option 3	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Beans	Cheese Sandwich with Vegetable sticks	Ham Sandwich with Mixed Salad	Jacket Potato with Cheesy Beans
Dessert	Shortbread Biscuit & Fresh Fruit Slices VG	Chocolatey Orange Fudge Cake	Orange Jelly with Fresh Fruit Slices VG	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice VG

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg | Source of wholegrain | Contains plant-based proteins | 50% fruit | Oily fish | Vegan VG

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.